SMF FITNESS & NUTRITION, PLLC DBA Food Wonderful 220 N Green St Chicago, IL 60607



Group NPI: 1730856527

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Food Wonderful is an in-network provider for all Blue Cross Blue Shield of Illinois PPO plans including Blue Choice plans. Some affiliate BCBS plans such as Anthem or BCBS Federal may also be accepted. We are out of network with all other insurance carriers.

## How to use this form:

- Call the customer service number on your BCBS or affiliate insurance card.
- Make sure to document the date, time, and reference number of your call.
- Your agent may ask for your provider or group NPI number, above.
- First, you'll ask the agent if your policy covers Medical Nutrition Therapy.
- If yes, you'll want to inquire about prior authorization and deductible requirements.
- Finally, ask if preventative services are covered or if you need a specific diagnosis.
  - o Many BCBS-IL plans cover preventative services with no co-pay and no maximum visit.
  - Some plans may require a diagnosis code. If your plan requires a medical diagnosis, you must obtain your diagnosis code from a medical or mental health provider.
  - Your dietitian cannot make a medical diagnosis. Your diagnosis must come from a medical or mental health provider. You can find your individual diagnosis codes in telehealth portals such as MyChart, or on medical or mental health notes obtained from your provider

Phone: 312-985-7141 Fax: 312-453-0676

Email: heythere@foodwonderful.com

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Benefits Verification			
Date & Time			
Insurance Plan			
Insurance ID #			
Reference Number			
Ask your agent:			
Are CPT codes 97802 and 97803 (M covered under this plan?	edical Nutrition Therapy)	YES	NO
Does my plan require prior authoriz	ration?	YES	NO
Are telehealth services covered und	ler my plan?	YES	NO
Am I required to meet a deductible Medical Nutrition Therapy?	prior to reimbursement for	YES	NO
Deductible amount:			
Is diagnosis code Z71.3 (preventative covered under this plan?	re MNT services)	YES	NO
How many visits are covered? Copay or Coinsurance?			
If your plan does not cover preventa Remember, you must obtain this did			is codes.
Diagnosis code obtained from your provider:			
How many visits are covered? Copay or Coinsurance?			

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